



# Doug Anderson 5k

Wednesday 21st July 2021 @ 7.30 pm  
at  
Bedford Park, Park Avenue, Bedford

**SUBMISSION DEADLINE 7:00pm sharp**



Course Measurement Certificate ARC 21/091  
Race Permit No: ARC 21/165



Flat, fast 2½-lap course in Bedford Park  
Finish Medal, Individual & Team Prizes  
Bedfordshire AAA 5K Championship  
No head or earphones  
Race Entry Limit 450: First Aid  
Race no. & timing chip collected at race

**Race number**

(For completion by race officials)

<b>Surname:</b>	<b>D.O.B:</b>	
<b>Forename:</b>	<b>UKA/ARC Club:</b>	
<b>House/Flat No:</b>	<b>Email:</b>	
<b>Street Name:</b>	<b>Age on 21/07/2021:</b>	
<b>Town:</b>	<b>Mobile/Tel No:</b>	
<b>Postcode:</b>	<b>Gender: M/F</b>	<b>County Champs: Y/N</b>

Please accept my entry for the Bedford Harriers Doug Anderson 5K 2021. I accept and acknowledge that my race number and timing chip will be available for collection on race day only and I do not expect to receive any information by post. I will be 15 years or older on race day and medically fit to compete. I accept that I enter at my own risk and that the organisers will in no way be held responsible for any injury, accident, loss or damage that may arise before, during or after the event as a consequence of my participation in this race. I consent that my details will be used for the purposes described in the Bedford Harriers entry on the Data Protection Register. I will abide by the ARC Rules of Competition. I accept that there will be no refunds under any circumstances. I further agree that, in accordance with the organisers' instructions, I will not wear ear/head phones including bone conducting head/earphones\* during the event and furthermore will park only in the designated race car park/s and or parking areas as detailed on the race website. Covid-19 measures. As a condition of entry to the DA5K all participants will be required to agree that they will comply with the legislation, rules, guidance and measures as prescribed by National Legislation, Government Guidance, Sport Governing Body, Local Authority and Race Organisers as may be applicable on race day.  
\*Medical or prescription device to aid hearing excepted.

**Entries on the day: £15.00 affiliated      £17.00 unaffiliated**

**Cheques payable to - Bedford Harriers A.C.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
To be signed by parent or guardian if under 16 years

Bedford Harriers AC legitimately collects personal data for the administration of this event, for full details of the data collected & its use please visit the race website accessible from:

[www.bedfordharriers.co.uk](http://www.bedfordharriers.co.uk)

[hello@bedfordharriers.co.uk](mailto:hello@bedfordharriers.co.uk)